

# Torbay Road Relays

Friday 23rd August 2019

at

7.00p.m.

This is a 4 x3 Kilometre (approx) road relay over an out and back lap of the circuit at the Torbay Velopark, Clennon Valley Sports Centre, Goodrington, Paignton

Held under UK: Athletics Rules. Licence No. applied for

ENTRY FEE - £12 per team of four runners  
£16 per team entered on the day

Tea, prizes awarded to Senior Male, Senior Female and male and female Veteran (40-49), Super Vets (50-59), Vintage (60-69) and Long-Stayers (+70). (Scratch Teams, made up of any combination of age/gender can compete, and will feature in the results but will not be eligible for prizes).

## ENTRY FORM

Club/Team Name

Category

Team Captain

Tel:

E-Mail

Runner 1

Gender    Age    Age

Runner 2

Gender    Age

Runner 3

Gender    Age    "

Runner 4

Gender    Age

I enclose a cheque for £..... (Payable to Torbay Athletic Club).

I declare that my team members are all over 15 years of age and will abide by the Race Rules and Rules of Competition as laid down by UK: Athletics. My team members accept that the race is organised by Torbay AAC and that none of this club's members will be held liable for any injuries, loss or expense which may occur as a consequence of participation in this road relay.

Signed (Team Captain): ..... Date: .....

Entries to:    Dave Pressley,  
                  48 Pines Road,  
                  Paignton, TQ3 3PE

# TORBAY ROAD RELAYS

## RULES

All teams to be declared by 6.45p.m. using an event entry form and completed by a nominated club/team representative. This means that all entries on the day and any changes to entered teams must be made before 6.45p.m.

No new entries will be allowed, and the declared running order of teams is not be changed once the event has started.

Club colours/vests must be worn

Numbers are to be worn on the front of running kit and not be cut folded or mutilated

Letter on race number indicates the relevant leg to be run

Leg handover is to be carried out within the coned section at the end of each out and back leg under the direction of the Race Director

Athletes can only count in one team competing for prizes

Veteran teams require all members to be in the same age group or from an older age group.

The wearing of headphones during the race is strictly prohibited. Any team member seen wearing headphones during their leg will result in team disqualification

Scratch teams can be made up of any combination of runners (age and gender), including runners who have competed in a previous leg. These teams will be included in the results, but will not be eligible for a prize

Only one prize per team

The Referee's decision is final