

TORBAY ATHLETIC CLUB JUNIOR SECTION



Junior Code Of Conduct **(Written by the junior athletes themselves)**

We will:

- Not mess around whilst waiting for others to take their turn.
- Do what we are asked to do by our coaches and leaders.
- Pay attention to what our coaches tell us.
- Not talk over each other or speak while our coaches are giving instructions.
- Never back chat or swear.
- Be friendly, kind and respect each other.
- Treat each other as we wish to be treated ourselves
- If we are unhappy, or we see someone unhappy, we will tell a coach or leader
- Enjoy our training and try hard.
- Pay attention especially whilst on the track to keep myself and others safe.