

## TORBAY ATHLETIC CLUB JUNIOR AND SENIOR SECTION



### Code of Conduct for Junior and Senior Athletes

#### As a responsible athlete you will:

- Abide by the club's rules and procedures.
- Wear club kit when attending competitions.
- Respect the rights and dignity of every athlete, coach, official and others involved in athletics at Torbay AC and from other clubs.
- Cooperate fully with others involved in the sport such as coaches, officials, team managers, doctors, physiotherapists, representatives of the governing bodies and helpers at all times.
- Never condone rule violations. Abide by all race and competition rules. Never cheat or act inappropriately when representing the club.
- When competing in competitions you will compete on behalf of Torbay AC unless agreed otherwise with your Coach (Juniors), or Club Chairperson (Seniors).
- Never use prohibited or consume age-inappropriate substances when training or representing the club.
- Anticipate and be responsible for your own needs including being organised, having the appropriate equipment and being on time.
- Inform your Head Coach - Steve Cotel (Juniors) of any other coaching that you are seeking or receiving outside of Torbay AC.
- Always thank the coaches and officials who enable you to participate in athletics.
- Ensure that no negative comments regarding Torbay AC, or any club member are posted on any social media sites.
- Do not pass on, or share, other athletes or coaches details without their consent.

#### As a responsible Athlete, when participating in or attending any athletics activities, including training/coaching sessions and competition events you will:

- Always display courtesy, good manners and act with dignity.
- Show due regard to the safety of others and to yourself.
- Avoid swearing and abusive language and irresponsible behaviour including behaviour that is dangerous to yourself or others, acts of violence, bullying, harassment and physical and sexual abuse.
- Never engage in any inappropriate or illegal behaviour
- Avoid destructive behaviour and leave athletics venues as you find them
- Not carry or consume alcohol when representing the club at training or competition, unless at a recognised club social event.
- Notify a responsible adult if you have to go somewhere (why, where and when you will return)
- Do not respond if someone seeks private information unrelated to athletics such as personal information, and, or home life information
- Strictly maintain boundaries between friendship and intimacy with a coach or technical official. Any adult relationships must be disclosed to a Welfare Officer.
- Never accept lifts in cars or invitations into homes on your own without the prior knowledge and consent of your parent/carer (Juniors only).
- Report any accidental injury, distress, misunderstanding or misinterpretation to your parents/carers (Juniors ) and club Welfare officer (in all cases) as soon as possible.
- Report any suspected misconduct by coaches or other people involved in athletics to the Club Welfare Officers, or Chairperson.