

GRAND PRIX RACE SERIES 2017/18



- The Grand Prix series is open to all fully paid adult members.
- Runners are responsible for organising their own entries to all races. Please be aware that some events reach their entry limits prior to the event.
- All competitors must enter the race as affiliated to Torbay Athletic Club.
- Some dates have not been confirmed yet, please check with the race organisers.
- Races are subject to change by the Committee, new races might be added in the event of an existing race being cancelled.
- If more than 7 races in each series are completed, the runner's highest 7 scores will count.
- Age categories are based on age at the start of the Grand Prix Series in October 2017.
- Any members who have not renewed their membership by the annual due date will not be allowed to accumulate further points.

Road & Track Series

Age categories

Senior Men	Senior Ladies
MV40	SF35
MV50	SF45
MV60+	SF55+

Scoring

Points are awarded based on Age Grading. These percentages are calculated using WMA (WAVA) 2015 age grading factors.

Age Grading is based on age at the time of the event.

Races

1. **Dart Vale** 29th October
10k, Half or Full marathon
2. **3000m Exeter Arena** 20th November
3. **Fulford Five** 4th February
4. **AgeUK Exeter 10k** 18th March
5. **Fast Friday 10k (cityruns)** 30th March
6. **Ivybridge 10k** May
7. **Erme Valley Relays** July
8. **Chudleigh Carnival 5** July
9. **Torbay AC 5000m** July/August
10. **Dartmouth Regatta 5** 1st September
11. **Newton Abbot Ladies 10k** September

Devon Open Series:

4 meetings between April and August
Best result in the following distances:

12. **100m**
13. **200m**
14. **400m**
15. **800m**
16. **1500m/mile**
17. **3000m/5000m**

Multi-Terrain & Cross-Country Series

Age categories

Senior Men	Senior Ladies
MV35	SF35
MV45	SF45
MV55+	SF55+

Scoring

Points are awarded based on finishing position within the club, by gender.

1st female for Torbay AC = 50 points, 2nd female for Torbay AC = 49 points, 3rd female = 48 points etc.
1st male for Torbay AC = 50 points, 2nd male for Torbay AC = 49 points, 3rd male = 48 points etc.

Races

1. **Templer Ten** Sun 5th November
2. **Bicton Blister** Sun 26th November
3. **Cockington Christmas Capers** Sat 9th December
4. **Oh My Obelisk!** Sun 7th January
5. **Grizzly** Sun 18th March
6. **Pennywell Pursuit** April/May
7. **Dawlish Dash** June
8. **Coleton Footacher** June
9. **Stoke Gabriel 10k** July
10. **Haytor Heller** July
11. **Totnes 10k** August
12. **Forest Flyer** August
13. **Lustleigh 10k** Mon 27th August
14. **Westward League Cross Country**
October - March. Total points in series.